



Pittsfield Public Schools
Williams Elementary School
50 Bushey Road
Pittsfield, Massachusetts 01201

Superintendent
Jason McCandless, Ed.D.

(413) 499-9680
FAX (413) 448-9831

Interim Principal
Nicole Shepardson

School Year 2018-2019

Dear Parent/Guardian,

Your child has been recommended to be included in a Social Emotional Learning (SEL) group. Groups are held once weekly during lunch. I use SEL curricula, including Zones of Regulation, Social Thinking, and Mind Up, to help students build the following skills: self-awareness, social awareness, relationship skills, self-management, and responsible decision-making.

If this sounds like a good fit for your child, please sign and return the enclosed permission form for your child to participate in the group.

Please feel free to contact me with any questions or concerns at 448-9680 ext. 1731, rehenault@pittsfield.net, or go to <https://mrshenault.weebly.com>.

I look forward to working with you and your child this year.

Thank you,

Rebecca Henault, LICSW

Rebecca Henault, LICSW
School Adjustment Counselor